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**DIGITAL CHANT STAND**  
OF THE GREEK ORTHODOX ARCHDIOCESE OF AMERICA

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**The Service of Matins**  
**for Sunday, May 5, 2024**

**Pentecostarion - Pascha - Easter Sunday**  
**at Matins**

**Menaion - May 5**  
**Katavasias of Pascha**

**Texts in Greek and English**

## Sources

**GOASD** Greek Orthodox Archdiocese of America. Fr. Seraphim Dedes. **AC** Anthony Cook. **GKD** George K. Duvall. **KW** Kallistos Ware. **RB** Richard Barrett. **SD** Fr. Seraphim Dedes.  
**TC** Thomas Carroll. **VPA** Virgil Peter Andronache. **GOA** Greek Orthodox Archdiocese of America. **HC** Holy Cross Orthodox Press. **OCA** Orthodox Church in America.

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**Βιβλία - Πηγαί**

**Πεντηκοστάριον**

Κυριακῆ τοῦ Πάσχα

**Μηναῖον - ΤΗ Ε΄ ΜΑΪΟΥ**

**ΟΡΘΡΟΣ**

**ΧΟΡΟΣ**

**Τὸ Ζ΄ Ἑωθινόν. ᾠχος βαρύς.**

Ἴδου σκοτία καὶ πρωΐ· καὶ τί πρὸς τὸ μνημεῖον Μαρία ἔστηκας, πολὺ σκότος ἔχουσα ταῖς φρεσίν; ὕφ' οὗ ποῦ τέθειται ζητεῖς ὁ Ἰησοῦς· ἀλλ' ὄρα τοὺς συντρέχοντας Μαθητάς, πῶς τοῖς ὀθονίοις καὶ τῷ σουδαρίῳ, τὴν ἀνάστασιν ἐτεκμήραντο, καὶ ἀνεμνήσθησαν τῆς περὶ τούτου Γραφῆς. Μεθ' ὧν καὶ δι' ὧν, καὶ ἡμεῖς πιστεύσαντες, ἀνυμνοῦμέν σε τὸν ζωοδότην Χριστόν.

**ΙΕΡΕΥΣ**

**ᾠχος πλ. α΄.**

Δεῦτε λάβετε φῶς ἐκ τοῦ ἀνεσπέρου φωτός, καὶ δοξάσατε Χριστὸν τὸν ἀναστάντα ἐκ νεκρῶν.

**ΧΟΡΟΣ**

**ᾠχος πλ. α΄.**

Δεῦτε λάβετε φῶς ἐκ τοῦ ἀνεσπέρου φωτός, καὶ δοξάσατε Χριστὸν τὸν ἀναστάντα ἐκ νεκρῶν. (δίς)

**ΙΕΡΕΥΣ**

**ᾠχος πλ. β΄.**

Τὴν ἀνάστασίν σου Χριστέ Σωτήρ, Ἄγγελοι ὑμνοῦσιν ἐν οὐρανοῖς· καὶ ἡμᾶς τοὺς ἐπὶ γῆς καταξίωσον, ἐν καθαρᾷ καρδίᾳ σὲ δοξάζειν.

**Books - Sources**

**Pentecostarion**

Pascha - Easter Sunday

**Menaion - May 5**

**MATINS**

**CHOIR**

**Eothinon 7. Grave Mode.**

Behold, darkness and early morning! O Mary, why are you standing outside at the tomb, with so much darkness enshrouding your thoughts, that you seek where Jesus was laid? Look at how the disciples who ran together deduced from the linen cloths and the napkin that He has risen. And then they remembered the Scripture concerning this. Through them, we too have believed, and with them we extol You, Christ the Giver of life. [GOASD]

**PRIEST**

**Mode pl. 1.**

Come receive the light, from the never-setting light; and glorify Christ who has risen from the dead. [SD]

**CHOIR**

**Mode pl. 1.**

Come receive the light, from the never-setting light; and glorify Christ who has risen from the dead. (2)

**PRIEST**

**Mode pl. 2.**

Angels in the heavens extol Your Resurrection, O Christ our Savior. Count us worthy who are here on earth to glorify You with a pure heart. [GOASD]

**ΧΟΡΟΣ**

**Ἦχος πλ. β΄.**

Τὴν ἀνάστασίν σου Χριστὲ Σωτήρ,  
Ἄγγελοι ὑμνοῦσιν ἐν οὐρανοῖς· καὶ ἡμᾶς τοὺς  
ἐπὶ γῆς καταξίωσον, ἐν καθαρᾷ καρδίᾳ σὲ  
δοξάζειν. (δίς)

*Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Εὐαγγελίου.*

**ΔΙΑΚΟΝΟΣ**

Καὶ ὑπὲρ τοῦ καταξιωθῆναι ἡμᾶς τῆς  
ἀκροάσεως τοῦ ἁγίου Εὐαγγελίου, Κύριον τὸν  
Θεὸν ἡμῶν ἱκετεύσωμεν.

**ΧΟΡΟΣ**

Κύριε, ἐλέησον. (3)

**ΔΙΑΚΟΝΟΣ**

Σοφία. Ὁρθοί. Ἀκούσωμεν τοῦ ἁγίου  
Εὐαγγελίου.

**ΙΕΡΕΥΣ**

Εἰρήνη πᾶσι.

**ΧΟΡΟΣ**

Καὶ τῷ πνεύματί σου.

**ΙΕΡΕΥΣ**

Ἐκ τοῦ κατὰ Μᾶρκον ἁγίου Εὐαγγελίου τὸ  
ἀνάγνωσμα.

**ΔΙΑΚΟΝΟΣ**

Πρόσχωμεν.

**ΧΟΡΟΣ**

Δόξα σοι, Κύριε, δόξα σοι.

**ΙΕΡΕΥΣ**

Εἰς τὴν Ἀνάστασιν

*Ἐωθινὸν Β΄  
Μκ ιζ΄ 1 – 8*

Διαγενομένου τοῦ σαββάτου Μαρία ἡ  
Μαγδαληνὴ καὶ Μαρία ἡ τοῦ Ἰακώβου καὶ  
Σαλώμη ἠγόρασαν ἀρώματα ἵνα ἐλθοῦσαι  
ἀλείψωσιν αὐτόν. καὶ λίαν πρωὶ τῆς μιᾶς

**CHOIR**

**Mode pl. 2.**

Angels in the heavens extol Your  
Resurrection, O Christ our Savior. Count us  
worthy who are here on earth to glorify You  
with a pure heart. (2)

*Stand for the Gospel reading.*

**DEACON**

Let us pray to the Lord our God that we  
may be made worthy to hear the holy Gospel.

**CHOIR**

Lord, have mercy. (3)

**DEACON**

Wisdom. Arise. Let us hear the holy  
Gospel.

**PRIEST**

Peace be with all.

**CHOIR**

And with your spirit.

**PRIEST**

The reading is from the holy Gospel  
according to Mark.

**DEACON**

Let us be attentive.

**CHOIR**

Glory to You, O Lord, glory to You.

**PRIEST**

**Resurrection Service**

*Eothinon 2  
Mk. 16:1 – 8*

When the Sabbath was past, Mary  
Magdalene, and Mary the mother of James and  
Salome, bought spices, so that they might go  
and anoint Jesus. And very early on the first

σαββάτων ἔρχονται ἐπὶ τὸ μνημεῖον, ἀνατείλαντος τοῦ ἡλίου. καὶ ἔλεγον πρὸς ἑαυτάς· τίς ἀποκυλίσει ἡμῖν τὸν λίθον ἐκ τῆς θύρας τοῦ μνημείου; καὶ ἀναβλέψασαι θεωροῦσιν ὅτι ἀποκεκύλισται ὁ λίθος· ἦν γὰρ μέγας σφόδρα. καὶ εἰσελθοῦσαι εἰς τὸ μνημεῖον εἶδον νεανίσκον καθήμενον ἐν τοῖς δεξιοῖς, περιβεβλημένον στολὴν λευκὴν, καὶ ἐξεθαμβήθησαν. ὁ δὲ λέγει αὐταῖς· μὴ ἐκθαμβεῖσθε· Ἰησοῦν ζητεῖτε τὸν Ναζαρητὸν τὸν ἐσταυρωμένον· ἠγέρθη, οὐκ ἔστιν ὧδε· ἴδε ὁ τόπος ὅπου ἔθηκαν αὐτόν. ἀλλ' ὑπάγετε εἴπατε τοῖς μαθηταῖς αὐτοῦ καὶ τῷ Πέτρῳ ὅτι προάγει ὑμᾶς εἰς τὴν Γαλιλαίαν· ἐκεῖ αὐτὸν ὄψεσθε, καθὼς εἶπεν ὑμῖν. καὶ ἐξελθοῦσαι ἔφυγον ἀπὸ τοῦ μνημείου· εἶχε δὲ αὐτὰς τρόμος καὶ ἔκστασις, καὶ οὐδενὶ οὐδὲν εἶπον· ἐφοβοῦντο γάρ.

**ΧΟΡΟΣ**

Δόξα σοι, Κύριε, δόξα σοι.

**ΙΕΡΕΥΣ**

Δόξα τῇ ἀγίᾳ καὶ ὁμοουσίῳ καὶ ζωοποιῷ καὶ ἀδιαιρέτῳ Τριάδι πάντοτε, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

**ΧΟΡΟΣ**

Ἀμήν.

**ΙΕΡΕΥΣ**

**ᾠχος πλ. α'.**

Τοῦ Πεντηκοσταρίου - - -

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι...

**ΧΟΡΟΣ**

...ζωὴν χαρισάμενος.

day of the week they went to the tomb when the sun had risen. And they were saying to one another, “Who will roll away the stone for us from the door of the tomb?” And looking up, they saw that the stone was rolled back – it was very large. And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, “Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell His disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you.” And they went out and fled from the tomb, for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid. [RSV]

**CHOIR**

Glory to You, O Lord, glory to You.

**PRIEST**

Glory to the holy and consubstantial and life-creating and undivided Trinity always, now and ever and to the ages of ages.

**CHOIR**

Amen.

**PRIEST**

**Mode pl. 1.**

From Pentecostarion - - -

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs... [GOA]

**CHOIR**

...He has granted life.

**ΙΕΡΕΥΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ  
θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι...

**ΧΟΡΟΣ**

...ζωὴν χαρισάμενος.

**ΙΕΡΕΥΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ  
θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι...

**ΧΟΡΟΣ**

...ζωὴν χαρισάμενος.

**ΙΕΡΕΥΣ**

**Στίχ. α΄.** Ἀναστήτω ὁ Θεός, καὶ  
διασκορπισθήτωσαν οἱ ἐχθροὶ αὐτοῦ, καὶ  
φυγέτωσαν ἀπὸ προσώπου αὐτοῦ οἱ μισοῦντες  
αὐτόν.

**ΧΟΡΟΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ  
θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι,  
ζωὴν χαρισάμενος.

**ΙΕΡΕΥΣ**

**Στίχ. β΄.** Ὡς ἐκλείπει καπνός,  
ἐκλιπέτωσαν· ὡς τήκεται κηρὸς ἀπὸ προσώπου  
πυρός.

**ΧΟΡΟΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ  
θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι,  
ζωὴν χαρισάμενος.

**PRIEST**

Christ is risen from the dead, by death  
trampling down upon death, and to those in the  
tombs... [GOA]

**CHOIR**

...He has granted life.

**PRIEST**

Christ is risen from the dead, by death  
trampling down upon death, and to those in the  
tombs... [GOA]

**CHOIR**

...He has granted life.

**PRIEST**

**Verse 1:** *Let God arise, and let His  
enemies be scattered, and let those who hate  
Him flee from before His face.*

**CHOIR**

Christ is risen from the dead, by death  
trampling down upon death, and to those in the  
tombs He has granted life. [GOA]

**PRIEST**

**Verse 2:** *As smoke vanishes, so let them  
vanish, as wax melts before the fire.*

**CHOIR**

Christ is risen from the dead, by death  
trampling down upon death, and to those in the  
tombs He has granted life. [GOA]

**ΙΕΡΕΥΣ**

**Στίχ. γ'.** Οὕτως ἀπολοῦνται οἱ ἁμαρτωλοὶ ἀπὸ προσώπου τοῦ Θεοῦ. Καὶ οἱ δίκαιοι εὐφρανθήτωσαν.

**ΧΟΡΟΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζωὴν χαρισάμενος.

**ΙΕΡΕΥΣ**

**Στίχ. δ'.** Αὕτη ἡ ἡμέρα, ἣν ἐποίησεν ὁ Κύριος· ἀγαλλιασώμεθα καὶ εὐφρανθῶμεν ἐν αὐτῇ.

**ΧΟΡΟΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζωὴν χαρισάμενος.

**ΙΕΡΕΥΣ**

*Δόξα Πατρὶ καὶ Υἱῷ καὶ ἀγίῳ Πνεύματι.*

**ΧΟΡΟΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζωὴν χαρισάμενος.

**ΙΕΡΕΥΣ**

*Καὶ νῦν καὶ αἰεὶ, καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων. Ἀμήν.*

**ΧΟΡΟΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζωὴν χαρισάμενος.

**ΙΕΡΕΥΣ**

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας...

**PRIEST**

**Verse 3:** *So shall the sinners perish from the face of God. And let the righteous be glad.*

**CHOIR**

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

**PRIEST**

**Verse 4:** *This is the day the Lord made; let us greatly rejoice and be glad therein.*

**CHOIR**

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

**PRIEST**

*Glory to the Father and the Son and the Holy Spirit.*

**CHOIR**

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

**PRIEST**

*Both now and ever and to the ages of ages. Amen.*

**CHOIR**

Christ is risen from the dead, by death trampling down upon death, and to those in the tombs He has granted life. [GOA]

**PRIEST**

Christ is risen from the dead, by death trampling down upon death... [GOA]

**ΧΟΡΟΣ**

...καὶ τοῖς ἐν τοῖς μνήμασι, ζωὴν χαρισάμενος.

Ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

**ΧΟΡΟΣ** (μεθ' ἐκάστην δέησιν)

Κύριε, ἐλέησον.

**ΙΕΡΕΥΣ**

Ἐπὲρ τῆς ἄνωθεν εἰρήνης καὶ τῆς σωτηρίας τῶν ψυχῶν ἡμῶν τοῦ Κυρίου δεηθῶμεν.

Ἐπὲρ τῆς εἰρήνης τοῦ σύμπαντος κόσμου, εὐσταθείας τῶν ἁγίων τοῦ Θεοῦ Ἐκκλησιῶν καὶ τῆς τῶν πάντων ἐνώσεως τοῦ Κυρίου δεηθῶμεν.

Ἐπὲρ τοῦ ἁγίου οἴκου τούτου καὶ τῶν μετὰ πίστεως, εὐλαβείας καὶ φόβου Θεοῦ εἰσιόντων ἐν αὐτῷ τοῦ Κυρίου δεηθῶμεν.

Ἐπὲρ τῶν εὐσεβῶν καὶ ὀρθοδόξων χριστιανῶν τοῦ Κυρίου δεηθῶμεν.

Ἐπὲρ τοῦ Ἀρχιεπισκόπου ἡμῶν (δεῖνος), τοῦ τιμίου πρεσβυτερίου, τῆς ἐν Χριστῷ διακονίας, παντὸς τοῦ κλήρου καὶ τοῦ λαοῦ τοῦ Κυρίου δεηθῶμεν.

Ἐπὲρ τοῦ εὐσεβοῦς ἡμῶν γένους, τοῦ προέδρου καὶ πάσης ἀρχῆς καὶ ἐξουσίας ἐν τῷ κράτει ἡμῶν, καὶ τοῦ κατὰ ξηρὰν θάλασσαν καὶ ἀέρα φιλοχρίστου ἡμῶν στρατοῦ, τοῦ Κυρίου δεηθῶμεν.

Ἐπὲρ τῆς Ἁγίας τοῦ Χριστοῦ Μεγάλης Ἐκκλησίας, τῆς Ἱερᾶς ἡμῶν Ἀρχιεπισκοπῆς, [τῆς Ἱερᾶς Μητροπόλεως ταύτης,] τῆς πόλεως καὶ κοινότητος ταύτης, πάσης πόλεως, χώρας καὶ τῶν πίστει οἰκούντων ἐν αὐταῖς, τοῦ Κυρίου δεηθῶμεν.

**CHOIR**

...and to those in the tombs He has granted life.

In peace let us pray to the Lord.

**CHOIR** (after each petition)

Lord, have mercy.

**PRIEST**

For the peace from above and for the salvation of our souls, let us pray to the Lord.

For the peace of the whole world, for the stability of the holy churches of God, and for the unity of all, let us pray to the Lord.

For this holy house and for those who enter it with faith, reverence, and the fear of God, let us pray to the Lord.

For pious and Orthodox Christians, let us pray to the Lord.

For our Archbishop (name), for the honorable presbyterate, for the diaconate in Christ, and for all the clergy and the people, let us pray to the Lord.

For our country, the president, all those in public service, and for our armed forces everywhere, let us pray to the Lord.

For the Holy and Great Church of Christ, for our Sacred Archdiocese, [for this Sacred Metropolis,] for this city and parish, for every city and land, and for the faithful who live in them, let us pray to the Lord.

Ἐπὲρ εὐκρασίας ἀέρων, εὐφορίας τῶν καρπῶν τῆς γῆς καὶ καιρῶν εἰρηνικῶν τοῦ Κυρίου δεηθῶμεν.

Ἐπὲρ πλεόντων, ὁδοιπορούντων, νοσοῦντων, καμνόντων, αἰχμαλώτων καὶ τῆς σωτηρίας αὐτῶν τοῦ Κυρίου δεηθῶμεν.

Ἐπὲρ τοῦ ῥυσθῆναι ἡμᾶς ἀπὸ πάσης θλίψεως, ὀργῆς, κινδύνου καὶ ἀνάγκης τοῦ Κυρίου δεηθῶμεν.

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

#### ΧΟΡΟΣ

Σοί, Κύριε.

#### ΙΕΡΕΥΣ

Ὅτι πρέπει σοι πᾶσα δόξα, τιμὴ καὶ προσκύνησις, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

#### ΧΟΡΟΣ

Ἀμήν.

Τοῦ Πεντηκοσταρίου - - -

#### ΑΝΑΓΝΩΣΤΗΣ

**Ἐπακοή. Ἦχος δ'.**

Προλαβοῦσαι τὸν ὄρθρον αἱ περὶ Μαρίας, καὶ εὐροῦσαι τὸν λίθον ἀποκυλισθέντα τοῦ μνήματος, ἤκουον ἐκ τοῦ Ἀγγέλου· Τὸν ἐν φωτὶ ἀϊδίῳ ὑπάρχοντα, μετὰ νεκρῶν τί ζητεῖτε ὡς ἄνθρωπον; βλέπετε τὰ ἐντάφια σπάργανα· δράμετε, καὶ τῷ κόσμῳ κηρύξατε, ὡς ἠγέρθη ὁ Κύριος, θανατώσας τὸν θάνατον·

For favorable weather, for an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

For those who travel by land, sea, and air, for the sick, the suffering, the captives and for their salvation, let us pray to the Lord.

For our deliverance from all affliction, wrath, danger, and distress, let us pray to the Lord.

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

#### CHOIR

To You, O Lord.

#### PRIEST

For to You belong all glory, honor, and worship, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

#### CHOIR

Amen.

From Pentecostarion - - -

#### READER

**Hypakoe. Mode 4.**

When the women with Mary had come before dawn, and they found that the stone had been rolled away from the sepulcher, they heard from the Angel, “Why do you seek among the dead, as a mortal man, the One who exists in everlasting light? See the grave clothes in the sepulcher. Run and proclaim to the world that the Lord has risen and put death

ὅτι ὑπάρχει Θεοῦ Υἱός, τοῦ σώζοντος τὸ γένος τῶν ἀνθρώπων.

### **Κοντάκιον τοῦ Πάσχα.**

Τοῦ Πεντηκοσταρίου - - -

#### **Ἦχος πλ. δ'.**

Εἰ καὶ ἐν τάφῳ κατήλθες Ἀθάνατε,  
ἀλλὰ τοῦ ἄδου καθεῖλες τὴν δύναμιν· καὶ  
ἀνέστης ὡς νικητής, Χριστὲ ὁ Θεός, γυναιξὶ  
Μυροφόροις φθεγξάμενος, Χαίρετε, καὶ τοῖς  
σοῖς Ἀποστόλοις εἰρήνην δωρούμενος, ὁ τοῖς  
πεσοῦσι παρέχων ἀνάστασιν.

### **Ὁ Οἶκος.**

Τὸν πρὸ ἡλίου Ἥλιον δύναντά ποτε ἐν  
τάφῳ, προέφθασαν πρὸς ὄρθρον, ἐκζητοῦσαι  
ὡς ἡμέραν, Μυροφόροι κόραι, καὶ πρὸς  
ἀλλήλας ἐβόων· ὦ φίλοι, δεῦτε τοῖς  
ἀρώμασιν ὑπαλείψωμεν, Σῶμα ζωηφόρον  
καὶ τεθαμμένον, σάρκα ἀνιστῶσαν τὸν  
παραπεσόντα Ἀδάμ, κείμενον ἐν τῷ μνήματι·  
ἄγωμεν, σπεύσωμεν, ὥσπερ οἱ Μάγοι, καὶ  
προσκυνήσωμεν, καὶ προσκομίσωμεν τὰ  
μύρα ὡς δῶρα, τῷ μὴ ἐν σπαργάνοις, ἀλλ'  
ἐν σινδόνι ἐνειλημένῳ· καὶ κλαύσωμεν, καὶ  
κράζωμεν· ὦ Δέσποτα, ἐξεγέρθητι, ὁ τοῖς  
πεσοῦσι παρέχων ἀνάστασιν.

*Ὁ λαὸς ἵσταται διὰ τὴν ἀνάγνωσιν τοῦ Συναξαρίου.*

### **Συναξάριον**

*Τοῦ Μηναίου.*

Τῆς Ε΄ τοῦ αὐτοῦ μηνὸς μνήμη τῆς Ἁγίας  
Μεγαλομάρτυρος Εἰρήνης.

Τῆς αὐτῆς ἡμέρας, ἄθλησις τῶν Ἁγίων  
Μαρτύρων Νεοφύτου, Γαΐου καὶ Γαϊανοῦ.  
Τελεῖται δὲ ἡ αὐτῶν σύναξις ἐν τῷ σεπτῷ  
καὶ σεβασμίῳ ναῷ τῶν Ἁγίων ἐνδόξων

to death; for He is the Son of God who saves  
the human race.”

### **Kontakion of Pascha.**

From Pentecostarion - - -

#### **Mode pl. 4.**

Though You went down into the tomb,  
O Immortal One, yet You brought down  
the dominion of Hades; and You rose as the  
victor, O Christ our God; and You called out  
“Rejoice” to the Myrrh-bearing women, and  
gave peace to Your Apostles, O Lord who to  
the fallen grant resurrection.

### **Oikos.**

The women bringing ointments came in  
haste at deep dawn, seeking as day the Sun  
who was before the sun and yet had set in  
a sepulcher. They cried to one another, “O  
friends, come let us anoint with spices the life-  
bearing yet buried Body, the flesh that raises  
fallen Adam, lying as it is in the grave. Let us  
go, let us hurry like the Magi, and adore Him,  
and offer the ointments, as if gifts, to Him who  
is wrapped, not in swaddling but grave clothes.  
And let us weep and cry out, ‘Arise, O Master,  
who to the fallen grant resurrection.’”

*Stand for the reading of the Synaxarion.*

### **Synaxarion**

*From the Menaion.*

On May 5 we commemorate the holy  
Great-martyr Irene.

On this day we also commemorate the  
contest of the holy Martyrs Neophytus, Gaius,  
and Gaianus. The service in their honor is  
celebrated in the august and venerable church

καὶ θαυματουργῶν Ἀναργύρων Κοσμά καὶ  
Δαμιανοῦ, τῷ ὄντι ἐν τοῖς Δαρείου.

Τῇ αὐτῇ ἡμέρᾳ, Ἀνάμνησις τῶν ἐγκαινίων  
τοῦ ναοῦ τῆς Ὑπεραγίας Θεοτόκου ἐν τοῖς  
Κύρου.

Τῇ αὐτῇ ἡμέρᾳ, μνήμη τῆς ἀθλήσεως τοῦ  
ἀγίου ἐνδόξου ὁσιομάρτυρος Ἐφραίμ, τοῦ  
νεοφανοῦς καὶ θαυματουργοῦ, τοῦ ἐν τῷ κατὰ  
τὴν Ἀττικὴν ὄρει τῶν Ἀμόμων ἀσκήσαντος  
καὶ ἀθλήσαντος κατὰ τὸν δέκατον καὶ πέμπτον  
αἰῶνα.

*Τοῦ Πεντηκοσταρίου.*

Τῇ ἀγία καὶ μεγάλη Κυριακῇ τοῦ Πάσχα,  
αὐτὴν τὴν ζωηφόρον Ἀνάστασιν ἐορτάζομεν  
τοῦ Κυρίου καὶ Θεοῦ καὶ Σωτῆρος ἡμῶν  
Ἰησοῦ Χριστοῦ.

*Στίχοι*

Χριστὸς κατελθὼν πρὸς πάλιν Ἄδου μόνος,  
λαβὼν ἀνῆλθε πολλὰ τῆς νίκης σκῦλα.

Αὐτῷ ἡ δόξα καὶ τὸ κράτος εἰς τοὺς  
αἰῶνας τῶν αἰώνων. Ἀμήν.

Ἀνάστασιν Χριστοῦ θεασάμενοι,  
προσκυνήσωμεν Ἅγιον Κύριον Ἰησοῦν,  
τὸν μόνον ἀναμάρτητον. Τὸν Σταυρόν σου,  
Χριστέ, προσκυνοῦμεν καὶ τὴν ἀγίαν σου  
ἀνάστασιν ὑμνοῦμεν καὶ δοξάζομεν· σὺ  
γὰρ εἶ Θεὸς ἡμῶν, ἐκτός σου ἄλλον οὐκ  
οἶδαμεν, τὸ ὄνομά σου ὀνομάζομεν. Δεῦτε  
πάντες οἱ πιστοί, προσκυνήσωμεν τὴν τοῦ  
Χριστοῦ ἀγίαν ἀνάστασιν· ἰδοὺ γὰρ ἦλθε διὰ  
τοῦ Σταυροῦ χαρὰ ἐν ὄλῳ τῷ κόσμῳ. Διὰ

of the holy, glorious, and wonderworking  
Unmercenaries Cosmas and Damian, in the  
Quarter of Darius.

On this day we also commemorate the  
Consecration of the Church of the Most  
Holy Theotokos at the Quarter of Cyrus in  
Constantinople.

On this day we also commemorate the  
contest of the holy and glorious monastic  
martyr Ephrem, the lately revealed miracle-  
worker, who lived in ascetic discipline on the  
Mount of the Blameless in Attica, Greece, and  
who was martyred in the fifteenth century.

*From the Pentecostarion.*

On the holy and great Sunday of Pascha  
we celebrate the very life-bearing Resurrection  
of our Lord and God and Savior Jesus Christ.

*Verses*

Christ went down alone to battle Hades,  
He came up taking with  
Him many spoils of vict'ry.

To Him be the glory and the dominion to  
the ages of ages. Amen.

Having beheld the Resurrection of Christ,  
let us worship the holy Lord Jesus, the only  
sinless one. Your Cross, O Christ, we venerate,  
and Your holy Resurrection we praise and  
glorify. For You are our God; apart from You  
we know no other; we call upon Your name.  
Come, all faithful, let us venerate the holy  
Resurrection of Christ; for behold, through  
the Cross, joy has come to the whole world.  
Ever blessing the Lord, let us praise His

παντὸς εὐλογοῦντες τὸν Κύριον, ὑμνοῦμεν τὴν ἀνάστασιν αὐτοῦ· Σταυρὸν γὰρ ὑπομείνας δι' ἡμᾶς, θανάτῳ θάνατον ὤλεσεν. (3)

Ἀναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου, καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον ζωὴν, καὶ μέγα ἔλεος. (3)

#### ΧΟΡΟΣ

#### Καταβασίαι τοῦ Πάσχα

#### Ὦδὴ α'. Ἦχος α'.

Ἀναστάσεως ἡμέρα, λαμπρυνθῶμεν λαοί, Πάσχα Κυρίου, Πάσχα· ἐκ γὰρ θανάτου πρὸς ζωὴν, καὶ ἐκ γῆς πρὸς οὐρανόν, Χριστὸς ὁ Θεός, ἡμᾶς διεβίβασεν, ἐπινίκιον ᾄδοντας.

#### Ὦδὴ γ'.

Δεῦτε πόμα πῖωμεν καινόν, οὐκ ἐκ πέτρας ἀγόνου τερατουργούμενον, ἀλλ' ἀφθαρσίας πηγῆν, ἐκ τάφου ὀμβρήσαντος Χριστοῦ, ἐν ᾧ στερεούμεθα.

#### Ὦδὴ δ'.

Ἐπὶ τῆς θείας φυλακῆς, ὁ θεηγόρος Ἀββακούμ, στήτω μεθ' ἡμῶν καὶ δεικνύτω, φαεσφόρον Ἄγγελον, διαπρυσίως λέγοντα· Σήμερον σωτηρία τῷ κόσμῳ, ὅτι ἀνέστη Χριστὸς ὡς παντοδύναμος.

#### Ὦδὴ ε'.

Ὅρθρίσωμεν ὄρθρου βαθέος, καὶ ἀντὶ μύρου τὸν ὕμνον, προσοίσωμεν τῷ Δεσπότη, καὶ Χριστὸν ὀψόμεθα, δικαιοσύνης ἥλιον, πᾶσι ζωὴν ἀνατέλλοντα.

Resurrection; for having endured the Cross for us, He destroyed death by death. (3)

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. (3)

#### CHOIR

#### Katavasias of Pascha

#### Ode i. Mode 1.

Resurrection Day! O peoples, let us brilliantly shine! \* Pascha, the Lord's Pascha! \* For Christ our God has out of death \* passed us over into life, \* and likewise from earth \* to heaven, as we now sing \* unto Him a triumphal hymn. [GOASD]

#### Ode iii.

Come and let us drink a new drink, \* not one marvelously issuing from a barren rock, \* but one that Christ from the tomb \* pours out, incorruption's very source. \* For we are established in Him. [GOASD]

#### Ode iv.

Now let Habakkuk as a God-inspired prophet stand with us, \* keeping his divine watch, and show us \* the angelic messenger, who, shining, utters glowingly, \* "Today, for the world is salvation,\* because arisen is Christ, being omnipotent." [GOASD]

#### Ode v.

Arising at dawn very early, \* instead of ointment, a hymn let us offer unto the Master, \* and then we shall clearly see\* Christ, the Sun of Righteousness, \* causing true life to arise for all. [GOASD]

**Ὡδή Ϛ´.**

Κατήλθες ἐν τοῖς κατωτάτοις τῆς γῆς,  
καὶ συνέτριψας μοχλοὺς αἰωνίους, κατόχους  
πεπεδημένων Χριστέ, καὶ τριήμερος, ὡς ἐκ  
κήτους Ἰωνᾶς, ἐξάνεστης τοῦ τάφου.

**Ὡδή ϛ´.**

Ὁ Παῖδας ἐκ καμίνου ῥυσάμενος,  
γενόμενος ἄνθρωπος, πάσχει ὡς θνητός, καὶ  
διὰ πάθους τὸ θνητόν, ἀφθαρσίας ἐνδύει  
εὐπρέπειαν, ὁ μόνος εὐλογητὸς τῶν Πατέρων,  
Θεὸς καὶ ὑπερένδοξος.

**Ὡδή η´.**

*Αἰνοῦμεν, εὐλογοῦμεν καὶ προσκυνοῦμεν  
τὸν Κύριον.*

Αὕτη ἡ κλητὴ καὶ ἁγία ἡμέρα, ἡ μία  
τῶν Σαββάτων, ἡ βασιλὶς καὶ κυρία, ἐορτῶν  
ἐορτή, καὶ πανήγυρις ἐστὶ πανηγύρεων, ἐν ἧ  
εὐλογοῦμεν Χριστὸν εἰς τοὺς αἰῶνας.

*Ὁ λαὸς ἵσταται διὰ τὴν Θ´ Ὡδήν.*

**ΔΙΑΚΟΝΟΣ**

Τὴν Θεοτόκον καὶ μητέρα τοῦ φωτὸς ἐν  
ᾧμοις τιμῶντες μεγαλύνωμεν.

**ΧΟΡΟΣ**

**Ὡδή θ´. Ὁ Εἰρμός.**

Μεγάλυνον ψυχὴ μου, τὸν ἐθελουσίως  
παθόντα καὶ ταφέντα καὶ ἐξαναστάντα  
τριήμερον ἐκ τάφου.

Φωτίζου, φωτίζου ἡ νέα Ἰερουσαλήμ·  
ἡ γὰρ δόξα Κυρίου ἐπὶ σὲ ἀνέτειλε. Χόρευε

**Ode vi.**

You went down to the nether regions of  
earth, \* and You broke apart the bars that  
forever \* were closed on those who were held  
there, O Christ. \* From the sepulcher, \* as did  
Jonah from the whale, \* You arose on the third  
day. [GOASD]

**Ode vii.**

The same One who delivered the Lads  
from fire, becoming a mortal man, \* suffers  
in the flesh; and by His Passion He arrays  
\* mortal nature with majesty, free of all \*  
corruption, the only God of the fathers, \*  
blessed and supremely glorious. [GOASD]

**Ode viii.**

*We praise and we bless and we worship  
the Lord.*

This is it, the Day which is chosen and  
holy, \* Day One of the Sabbaths. \* It is the  
queen-day, the Lord's Day, \* and the Feast  
of all feasts, \* and the Festival above every  
festival, \* on which we extol Christ and bless  
Him to the ages. [GOASD]

*Stand for the singing of Ode ix.*

**DEACON**

Let us honor and magnify in song the  
Theotokos and the Mother of the light.

**CHOIR**

**Ode ix. Heirmos.**

*O my soul, magnify Him who willingly  
suffered, was buried, and arose from the grave  
on the third day.*

Arise, shine! Arise, shine, O new  
Jerusalem! Shine! \* For the glory of the Lord

νῦν, καὶ ἀγάλλου Σιών, σὺ δὲ ἀγνή, τέρπου  
Θεοτόκε, ἐν τῇ ἐγέρσει τοῦ τόκου σου.

*Μεγάλυνον ψυχὴ μου τὸν ἐξαναστάντα,  
τριήμερον ἐκ τάφου, Χριστὸν τὸν ζωοδότην.*

Φωτίζου, φωτίζου ἡ νέα Ἱερουσαλήμ·  
ἡ γὰρ δόξα Κυρίου ἐπὶ σὲ ἀνέτειλε. Χόρευε  
νῦν, καὶ ἀγάλλου Σιών, σὺ δὲ ἀγνή, τέρπου  
Θεοτόκε, ἐν τῇ ἐγέρσει τοῦ τόκου σου.

### **Τροπάρια.**

*Χριστὸς τὸ Καινὸν Πάσχα, τὸ ζωόθυτον  
θῦμα, ἀμνὸς Θεοῦ ὁ αἴρων τὴν ἀμαρτίαν  
κόσμου.*

ὦ θείας, ὦ φίλης, ὦ γλυκυτάτης σου  
φωνῆς· μεθ' ἡμῶν ἀψευδῶς γάρ, ἐπηγγείλω  
ἔσεσθαι, μέχρι τερμάτων αἰῶνος Χριστέ·  
ἦν οἱ πιστοί, ἄγκυραν ἐλπίδος, κατέχοντες  
ἀγαλλόμεθα.

*Σήμερον πᾶσα κτίσις ἀγάλλεται καὶ χαίρει,  
ὅτι Χριστὸς ἀνέστη, καὶ ἅδης ἐσκυλεύθη.*

ὦ θείας, ὦ φίλης, ὦ γλυκυτάτης σου  
φωνῆς· μεθ' ἡμῶν ἀψευδῶς γάρ, ἐπηγγείλω  
ἔσεσθαι, μέχρι τερμάτων αἰῶνος Χριστέ·  
ἦν οἱ πιστοί, ἄγκυραν ἐλπίδος, κατέχοντες  
ἀγαλλόμεθα.

has risen upon you. \* Zion, exult and be  
glad now. \* O pure Mother of God, rejoice,  
celebrating \* the resurrection of Christ your  
Son!

*O my soul, magnify Christ who is the  
Giver of life, and who rose from the grave on  
the third day.*

Arise, shine! Arise, shine, O new  
Jerusalem! Shine! \* For the glory of the Lord  
has risen upon you. \* Zion, exult and be  
glad now. \* O pure Mother of God, rejoice,  
celebrating \* the resurrection of Christ your  
Son!

### **Troparia.**

*Christ is the new Pascha, the sacrificial  
Victim, the Lamb of God that takes away the  
sin of the world.*

Divine and beloved and sweetest utterance  
of Yours! \* For You really and truly pledged  
that You will be with us \* unto the end of the  
age, O Christ. \* And we the faithful, clinging  
to Your promise, \* our anchor of hope, rejoice.

[SD]

*Today creation all is exultant and  
rejoices, for Christ has arisen, and Hades was  
despoiled.*

Divine and beloved and sweetest utterance  
of Yours! \* For You really and truly pledged  
that You will be with us \* unto the end of the  
age, O Christ. \* And we the faithful, clinging  
to Your promise, \* our anchor of hope, rejoice.

[SD]

Δόξα.

Μεγάλυνον ψυχή μου, τῆς τρισυποστάτου,  
καὶ ἀδιαιρέτου, Θεότητος τὸ κράτος.

Ἦ Ω Πάσχα τὸ μέγα, καὶ ιερώτατον, Χριστέ·  
ὦ σοφία καὶ Λόγε, τοῦ Θεοῦ καὶ δύναμις·  
δίδου ἡμῖν ἐκτυπώτερον, σοῦ μετασχεῖν, ἐν τῇ  
ἀνεσπέρῳ ἡμέρᾳ τῆς Βασιλείας σου.

Καὶ νῦν.

Χαῖρε, Παρθένε, χαῖρε, χαῖρε εὐλογημένη,  
χαῖρε δεδοξασμένη, σὸς γὰρ Υἱὸς ἀνέστη  
τριήμερος ἐκ τάφου.

Ἦ Ω Πάσχα τὸ μέγα, καὶ ιερώτατον, Χριστέ·  
ὦ σοφία καὶ Λόγε, τοῦ Θεοῦ καὶ δύναμις·  
δίδου ἡμῖν ἐκτυπώτερον, σοῦ μετασχεῖν, ἐν τῇ  
ἀνεσπέρῳ ἡμέρᾳ τῆς Βασιλείας σου.

### Καταβασία. Ἦχος α΄.

Ὁ Ἄγγελος ἐβόα τῇ κεχαριτωμένη, Ἄγνῃ  
Παρθένε, χαῖρε, καὶ πάλιν ἐρῶ, χαῖρε, ὁ σὸς  
Υἱὸς ἀνέστη τριήμερος ἐκ τάφου.

Φωτίζου, φωτίζου ἡ νέα Ἰερουσαλήμ·  
ἡ γὰρ δόξα Κυρίου ἐπὶ σὲ ἀνέτειλε. Χόρευε  
νῦν, καὶ ἀγάλλου Σιών, σὺ δὲ ἄγνή, τέρπου  
Θεοτόκε, ἐν τῇ ἐγέρσει τοῦ τόκου σου.

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ  
θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι,  
ζωὴν χαρισάμενος. (3)

Glory.

*O my soul, magnify the power of the  
Godhead, that is three hypostases and also  
undivided.*

O Pascha, the great and most sacred  
Passover, O Christ, \* You the wisdom and  
Logos and the power of God: \* Grant that we  
may more distinctly partake of You \* on that  
day that has no evening in Your kingly rule. [SD]

Both now.

*Rejoice, blessed Virgin; rejoice, O  
glorified one. Rejoice, your Son has risen from  
the grave on the third day.*

O Pascha, the great and most sacred  
Passover, O Christ, \* You the wisdom and  
Logos and the power of God: \* Grant that we  
may more distinctly partake of You \* on that  
day that has no evening in Your kingly rule. [SD]

### Katavasia. Mode 1.

*The Angel cried aloud to the Lady full of  
grace: Rejoice, O pure Virgin; and again I  
say Rejoice. Your Son has truly risen from the  
grave on the third day.*

Arise, shine! Arise, shine, O new  
Jerusalem! Shine! \* For the glory of the Lord  
has risen upon you. \* Zion, exult and be  
glad now. \* O pure Mother of God, rejoice,  
celebrating \* the resurrection of Christ your  
Son!

Christ is risen from the dead, by death  
trampling down upon death, and to those in the  
tombs He has granted life. (3)

Ἀναστὰς ὁ Ἰησοῦς ἀπὸ τοῦ τάφου, καθὼς προεῖπεν, ἔδωκεν ἡμῖν τὴν αἰώνιον ζωὴν, καὶ μέγα ἔλεος.

### ΔΙΑΚΟΝΟΣ

Ἔτι καὶ ἔτι ἐν εἰρήνῃ τοῦ Κυρίου δεηθῶμεν.

( Κύριε, ἐλέησον. )

Ἀντιλαβοῦ, σῶσον, ἐλέησον καὶ διαφύλαξον ἡμᾶς, ὁ Θεός, τῇ σῆ χάριτι.

( Κύριε, ἐλέησον. )

Τῆς παναγίας, ἀχράντου, ὑπερευλογημένης, ἐνδόξου, δεσποίνης ἡμῶν, Θεοτόκου καὶ ἀειπαρθένου Μαρίας μετὰ πάντων τῶν ἁγίων μνημονεύσαντες, ἑαυτοὺς καὶ ἀλλήλους καὶ πᾶσαν τὴν ζωὴν ἡμῶν Χριστῷ τῷ Θεῷ παραθώμεθα.

( Σοί, Κύριε. )

### ΙΕΡΕΥΣ

Ὅτι σὲ αἰνοῦσι πᾶσαι αἱ δυνάμεις τῶν οὐρανῶν καὶ σοὶ τὴν δόξαν ἀναπέμπουσι, τῷ Πατρὶ καὶ τῷ Υἱῷ καὶ τῷ ἁγίῳ Πνεύματι, νῦν καὶ ἀεὶ καὶ εἰς τοὺς αἰῶνας τῶν αἰώνων.

( Ἀμήν. )

### ΧΟΡΟΣ

#### Ἐξαποστειλάριον. Τοῦ Πάσχα.

Τοῦ Πεντηκοσταρίου - - -

Ἦχος β'. Αὐτόμελον.

Σαρκὶ ὑπνώσας ὡς θνητός, ὁ Βασιλεὺς καὶ Κύριος, τριήμερος ἐξανέστης, Ἀδὰμ ἐγείρας ἐκ φθορᾶς, καὶ καταργήσας θάνατον, Πάσχα τῆς ἀφθαρσίας, τοῦ κόσμου σωτήριον. (3)

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. [SD]

### DEACON

Again and again in peace let us pray to the Lord.

( Lord, have mercy. )

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

( Lord, have mercy. )

Remembering our all-holy, immaculate, most blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

( To You, O Lord. )

### PRIEST

For all the powers of heaven praise You, and to You they offer up glory, to the Father and the Son and the Holy Spirit, now and ever and to the ages of ages.

( Amen. )

### CHOIR

#### Exaposteilarion. Of Pascha.

From Pentecostarion - - -

Mode 2. Automelon.

When You had slumbered in the flesh as one mortal, O King and Lord, You rose again on the third day, and raised up Adam from decay and rendered death of no effect. Pascha of incorruption, salvation of the world. (3)

**Οἱ Αἶνοι. Ἦχος α΄.**

Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον. Αἰνεῖτε τὸν Κύριον ἐκ τῶν οὐρανῶν· αἰνεῖτε αὐτὸν ἐν τοῖς ὑψίστοις. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Αἰνεῖτε αὐτόν, πάντες οἱ ἄγγελοι αὐτοῦ· αἰνεῖτε αὐτόν, πᾶσαι αἱ δυνάμεις αὐτοῦ. Σοὶ πρέπει ὕμνος τῷ Θεῷ.

Τοῦ Πεντηκοσταρίου - - -

**Στιχηρὰ Ἀναστάσιμα.**

**Ἦχος α΄.**

Αἰνεῖτε αὐτὸν ἐπὶ ταῖς δυναστείαις αὐτοῦ, αἰνεῖτε αὐτὸν κατὰ τὸ πλῆθος τῆς μεγαλωσύνης αὐτοῦ.

Ὑμνοῦμέν σου Χριστέ, τὸ σωτήριον πάθος, καὶ δοξάζομέν σου τὴν ἀνάστασιν.

**Ἦχος α΄.**

Αἰνεῖτε αὐτὸν ἐν ἤχῳ σάλπιγγος, αἰνεῖτε αὐτὸν ἐν ψαλτηρίῳ καὶ κιθάρᾳ.

Ὁ Σταυρὸν ὑπομείνας, καὶ τὸν θάνατον καταργήσας, καὶ ἀναστὰς ἐκ τῶν νεκρῶν, εἰρήνευσον ἡμῶν τὴν ζωὴν Κύριε, ὡς μόνος παντοδύναμος.

**Ἦχος α΄.**

Αἰνεῖτε αὐτὸν ἐν τυμπάνῳ καὶ χορῷ, αἰνεῖτε αὐτὸν ἐν χορδαῖς καὶ ὀργάνῳ.

Ὁ τὸν ἄδην σκυλεύσας, καὶ τὸν ἄνθρωπον ἀναστήσας, τῇ ἀναστάσει σου Χριστέ, ἀξίωσον ἡμᾶς ἐν καθαρᾷ καρδίᾳ, ὑμνεῖν καὶ δοξάζειν σε.

**Lauds. Mode 1.**

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

From Pentecostarion - - -

**Resurrectional Stichera.**

**Mode 1.**

*Praise Him for His mighty acts; praise Him according to the abundance of His greatness.* [SAAS]

We extol Your saving Passion, O Christ, and we glorify Your resurrection. [GOASD]

**Mode 1.**

*Praise Him with the sound of trumpet; praise Him with the harp and lyre.* [SAAS]

You endured crucifixion, and You abolished death, and You rose from the dead. We pray You grant us a peaceful life, O Lord, as the only Almighty One. [GOASD]

**Mode 1.**

*Praise Him with timbrel and dance; praise Him with strings and flute.* [SAAS]

You plundered Hades, and You raised humanity, by Your resurrection, O Christ. We pray You grant us to extol You and glorify You with a pure heart. [GOASD]

**Ἦχος α΄.**

Αἰνεῖτε αὐτὸν ἐν κυμβάλοις εὐήχοις, αἰνεῖτε αὐτὸν ἐν κυμβάλοις ἀλαλαγμοῦ. Πᾶσα πνοὴ αἰνεσάτω τὸν Κύριον.

Τὴν θεοπρεπῆ σου συγκατάβασιν δοξάζοντες, ὑμνοῦμέν σε Χριστέ· ἐτέχθης ἐκ Παρθένου, καὶ ἀχώριστος ὑπῆρχες τῷ Πατρί· ἔπαθες ὡς ἄνθρωπος, καὶ ἐκουσίως ὑπέμεινας Σταυρόν· ἀνέστης ἐκ τοῦ τάφου, ὡς ἐκ παστάδος προελθὼν, ἵνα σώσης τὸν κόσμον· Κύριε δόξα σοι.

Τοῦ Πεντηκοσταρίου - - -

**Στιχηρὰ τοῦ Πάσχα.**

**Ἦχος πλ. α΄.**

**Στίχ. α΄.** Ἀναστήτω ὁ Θεός, καὶ διασκορπισθήτωσαν οἱ ἐχθροὶ αὐτοῦ, καὶ φυγέτωσαν ἀπὸ προσώπου αὐτοῦ οἱ μισοῦντες αὐτόν.

Πάσχα ἱερὸν ἡμῖν σήμερον ἀναδέδεικται· Πάσχα καινόν, Ἅγιον· Πάσχα μυστικόν· Πάσχα πανσεβάσμιον· Πάσχα Χριστὸς ὁ λυτρωτής· Πάσχα ἄμωμον· Πάσχα μέγα· Πάσχα τῶν πιστῶν· Πάσχα τὸ πύλας ἡμῖν τοῦ Παραδείσου ἀνοῖξαν· Πάσχα, πάντας ἀγιάζον πιστούς.

**Στίχ. β΄.** Ὡς ἐκλείπει καπνός, ἐκλιπέτωσαν· ὡς τήκεται κηρὸς ἀπὸ προσώπου πυρός.

Δεῦτε ἀπὸ θέας Γυναῖκες εὐαγγελίστριαι, καὶ τῇ Σιών εἶπατε· Δέχου παρ' ἡμῶν χαρᾶς εὐαγγέλια, τῆς Ἀναστάσεως Χριστοῦ· τέρπου, χόρευε, καὶ ἀγάλλου Ἱερουσαλήμ,

**Mode 1.**

*Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord.* [SAAS]

We glorify Your divine condescension, and we extol You, O Christ. From the Virgin You were born, and from the Father You remained inseparable. As a man You suffered and voluntarily endured the Cross. As one emerging from a bridal chamber, You rose from the sepulcher, in order to save the world. Glory to You, O Lord! [GOASD]

From Pentecostarion - - -

**Stichera of Pascha.**

**Mode pl. 1.**

**Verse 1:** *Let God arise, and let His enemies be scattered, and let those who hate Him flee from before His face.*

Today a sacred Pascha has been revealed to us; a Pascha new and holy, a Pascha mystical, a Pascha all-venerable, Pascha, the Redeemer Christ himself; a Pascha that is blameless, a Pascha that is great, a Pascha of believers, a Pascha that has opened for us the gates of Paradise, a Pascha that sanctifies believers all. [SD]

**Verse 2:** *As smoke vanishes, so let them vanish, as wax melts before the fire.*

Come now from that sight, O you women and heralds of good news, and say to Zion, “Receive from us the joyful tidings of the Resurrection of Christ. O Jerusalem, be exultant, dance and leap for joy, for you have

τὸν Βασιλέα Χριστόν, θεασαμένη ἐκ τοῦ μνήματος, ὡς νυμφίον προερχόμενον.

**Στίχ. γ´.** Οὕτως ἀπολοῦνται οἱ ἁμαρτωλοὶ ἀπὸ προσώπου τοῦ Θεοῦ. Καὶ οἱ δίκαιοι εὐφρανθήτωσαν.

Αἱ μυροφόροι γυναῖκες, ὄρθρου βαθέος, ἐπιστᾶσαι πρὸς τὸ μνήμα τοῦ Ζωοδότου, εὔρον Ἄγγελον, ἐπὶ τὸν λίθον καθήμενον, καὶ αὐτὸς προσφθεγξάμενος, αὐταῖς οὕτως ἔλεγε· Τί ζητεῖτε τὸν ζῶντα μετὰ τῶν νεκρῶν; τί θρηνεῖτε τὸν ἄφθαρτον ὡς ἐν φθορᾷ; ἀπελθοῦσαι κηρύξατε τοῖς αὐτοῦ Μαθηταῖς.

**Στίχ. δ´.** Αὕτη ἡ ἡμέρα, ἣν ἐποίησεν ὁ Κύριος· ἀγαλλιασώμεθα καὶ εὐφρανθῶμεν ἐν αὐτῇ.

Πάσχα τὸ τερπνόν· Πάσχα Κυρίου, Πάσχα· Πάσχα πανσεβάσμιον ἡμῖν ἀνέτειλε· Πάσχα ἐν χαρᾷ ἀλλήλους περιπτυξώμεθα· ὦ Πάσχα, λύτρον λύπης· καὶ γὰρ ἐκ τάφου σήμερον, ὡσπερ ἐκ παστοῦ, ἐκλάμπας Χριστός, τὰ Γύναια χαρᾶς ἔπλησε λέγων· Κηρύξατε Ἀποστόλοις.

Δόξα· καὶ νῦν. **Τοῦ Πάσχα.**

Τοῦ Πεντηκοσταρίου - - -

**ᾠχος πλ. α´.**

Ἀναστάσεως ἡμέρα, καὶ λαμπρυνθῶμεν τῇ πανηγύρει, καὶ ἀλλήλους περιπτυξώμεθα. Εἴπωμεν ἀδελφοί, καὶ τοῖς μισοῦσιν ἡμᾶς· Συγχωρήσωμεν πάντα τῇ Ἀναστάσει, καὶ οὕτω βοήσωμεν· Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι, ζῶν χαρισάμενος.

witnessed Christ the King coming forth as a Bridegroom from the sepulcher.” <sup>[SD]</sup>

**Verse 3:** *So shall the sinners perish from the face of God. And let the righteous be glad.*

The myrrh-bearing women at dawn very early, standing outside the tomb of the Giver-of-Life, found an Angel who was seated upon the stone. And the Angel addressed them, and this is what he said, “Why do you seek among the dead the One who is alive? Why do you grieve as though corruptible the Incorrupt? So go back and proclaim it to His Disciples.” <sup>[SD]</sup>

**Verse 4:** *This is the day the Lord made; let us greatly rejoice and be glad therein.*

Pascha of delight! Pascha, the Lord’s Pascha! A Pascha all venerable has risen for us. Pascha! With joy let us embrace one another. Pascha, the ransom from sorrow! Today from the sepulcher Christ emerged resplendently as from a bridal chamber, and the women He filled with joy, saying, “Proclaim this to the Apostles.” <sup>[SD]</sup>

Glory. Both now. **Of Pascha.**

From Pentecostarion - - -

**Mode pl. 1.**

It is the day of the Resurrection. Let us shine brightly for the festival, and also embrace one another. Brethren, let us say even to those who hate us, “Let us forgive everything for the Resurrection.” And thus let us cry aloud, “Christ is risen from the dead, by

**ῥηχος πλ. α΄.**

Τοῦ Πεντηκοσταρίου - - -

Χριστὸς ἀνέστη ἐκ νεκρῶν, θανάτῳ  
θάνατον πατήσας, καὶ τοῖς ἐν τοῖς μνήμασι,  
ζωὴν χαρισάμενος. (3)

**ΙΕΡΕΥΣ**

**Τοῦ ἐν Ἁγίοις Πατρὸς ἡμῶν Ἰωάννου  
Ἀρχιεπισκόπου Κωνσταντινουπόλεως  
τοῦ Χρυσοστόμου Λόγος Κατηχητικὸς  
εἰς τὴν ἁγίαν καὶ λαμπροφόρον  
ἡμέραν τῆς ἐνδόξου καὶ σωτηριώδους  
Χριστοῦ τοῦ Θεοῦ ἡμῶν Ἀναστασεως**

Εἴ τις εὐσεβῆς καὶ φιλόθεος ἀπολαυέτω  
τῆς καλῆς ταύτης καὶ λαμπρᾶς πανηγύρεως,  
Εἴ τις δοῦλος εὐγνώμων, εἰσελθέτω χαίρων  
εἰς τὴν χαρὰν τοῦ Κυρίου αὐτοῦ. Εἴ τις ἔκαμε  
νηστεύων, ἀπολαυέτω νῦν τὸ δηνᾶριον. Εἴ  
τις ἀπὸ τῆς πρώτης ὥρας εἰργάσατο, δεχέσθω  
σήμερον τὸ δίκαιον ὄφλημα. Εἴ τις μετὰ τὴν  
τρίτην ἦλθεν, εὐχαρίστως ἑορτασάτω. Εἴ τις  
μετὰ τὴν ἕκτην ἔφθασε, μηδὲν ἀμφιβαλλέτω·  
καὶ γὰρ οὐδὲν ζημιοῦται. Εἴ τις ὑστέρησεν εἰς  
τὴν ἐνάτην, προσελθέτω, μηδὲν ἐνδοιάζων.  
Εἴ τις εἰς μόνην ἔφθασε τὴν ἐνδεκάτην, μὴ  
φοβηθῆ τὴν βραδύτητα· φιλότιμος γὰρ ὢν ὁ  
Δεσπότης, δέχεται τὸν ἔσχατον, καθάπερ καὶ  
τὸν πρῶτον. Ἀναπαύει τὸν τῆς ἐνδεκάτης, ὡς  
τὸν ἐργασάμενον ἀπὸ τῆς πρώτης. Καὶ τὸν  
ὑστερον ἔλεεῖ, καὶ τὸν πρῶτον θεραπεύει,  
κακείνῳ δίδωσι, καὶ τούτῳ χαρίζεται. Καὶ τὰ  
ἔργα δέχεται, καὶ τὴν γνώμην ἀσπάζεται. Καὶ  
τὴν πρᾶξιν τιμᾶ, καὶ τὴν πρόθεσιν ἐπαινεῖ·  
οὐκοῦν εἰσέλθετε πάντες εἰς τὴν χαρὰν τοῦ  
Κυρίου ἡμῶν, καὶ πρῶτοι καὶ δεῦτεροι τὸν  
μισθὸν ἀπολαύετε. Πλούσιοι καὶ πένητες

death trampling down upon death, and to those  
in the tombs He has granted life.” [SD]

**Mode pl. 1.**

From Pentecostarion - - -

Christ is risen from the dead, by death  
trampling down upon death, and to those in the  
tombs He has granted life. (3) [GOA]

**PRIEST**

**The Catechetical Paschal Homily of  
our Father Among the Saints, St. John  
Chrysostom, Archbishop of Constantinople**

If there are devout and God loving people  
here, let them enjoy this beautiful, radiant  
festival. If there are prudent servants, enter  
joyously into the Lord’s joy. Whoever may be  
spent from fasting, enjoy now your reward.  
Whoever has toiled from the first hour, receive  
today your just settlement. If any came after  
the third hour, celebrate gratefully. If any of  
you arrived after the sixth, have no misgivings,  
you have lost nothing. If some have been as  
late as the ninth, come forward, do not be at  
a loss. If any of you have arrived only at the  
eleventh hour, do not be dismayed for being  
late. The Master is gracious: He accepts the  
last even as the first; He gives rest to those  
of the eleventh as well as to those who have  
labored from the first; He is lenient with the  
last while looking after the first; to the one He  
gives, to the other He gives freely; He accepts  
the labors and welcomes the effort; honors  
the deed, but commends the intent. So, all of  
you, enter into the joy of our Lord: first and  
second, share the bounty. Rich and poor alike,

μετ' ἀλλήλων χορεύσατε. Ἐγκρατεῖς καὶ  
 ῥάθυμοι τὴν ἡμέραν τιμήσατε. Νηστεύσαντες  
 καὶ μὴ νηστεύσαντες, εὐφράνθητε σήμερον.  
 Ἡ τράπεζα γέμει τρυφήσατε πάντες, ὁ  
 μόσχος πολὺς μηδεὶς ἐξέλη πεινῶν. Πάντες  
 ἀπολαύετε τοῦ συμποσίου τῆς πίστεως. Πάντες  
 ἀπολαύσατε τοῦ πλοῦτου τῆς χρηστότητος.  
 Μηδεὶς θρηνεῖω πενίαν· ἐφάνη γὰρ ἡ κοινὴ  
 βασιλεία. Μηδεὶς ὀδυρέσθω πταίσματα·  
 συγγνώμη γὰρ ἐκ τοῦ τάφου ἀνέτειλε. Μηδεὶς  
 φοβείσθω θάνατον· ἠλευθέρωσε γὰρ ἡμᾶς  
 τοῦ Σωτῆρος ὁ θάνατος. Ἔσβεσεν αὐτόν, ὑπ'  
 αὐτοῦ κατεχόμενος. Ἔσκύλευσε τὸν Ἄδην,  
 ὁ κατελθὼν εἰς τὸν Ἄδην. Ἐπικράνεν αὐτόν,  
 γευσάμενον τῆς σαρκὸς αὐτοῦ, καὶ τοῦτο  
 προλαβὼν Ἡσαΐας, ἐβόησεν· ὁ Ἄδης, φησίν,  
 ἐπικράνθη συναντήσας σοι κάτω. Ἐπικράνθη,  
 καὶ γὰρ κατηργήθη. Ἐπικράνθη, καὶ γὰρ  
 ἐνεπαίχθη. Ἐπικράνθη, καὶ γὰρ ἐνεκρώθη.  
 Ἐπικράνθη, καὶ γὰρ καθηρέθη. Ἐπικράνθη,  
 καὶ γὰρ ἐδεσμεύθη. Ἔλαβε σῶμα, καὶ Θεῶ  
 περιέτυχεν. Ἔλαβε γῆν, καὶ συνήντησεν  
 οὐρανῶ. Ἔλαβεν, ὅπερ ἔβλεπε, καὶ πέπτωκεν,  
 ὅθεν οὐκ ἔβλεπε. Ποῦ σου θάνατε τὸ κέντρον;  
 ποῦ σου Ἄδη τὸ νῆκος; Ἀνέστη Χριστός,  
 καὶ σὺ καταβέβλησαι. Ἀνέστη Χριστός, καὶ  
 πεπτώκασιν δαίμονες. Ἀνέστη Χριστός, καὶ  
 χαίρουσιν Ἄγγελοι. Ἀνέστη Χριστός, καὶ ζωὴ  
 πολιτεύεται. Ἀνέστη Χριστός, καὶ νεκρὸς  
 οὐδεὶς ἐπὶ μνήματος. Χριστός γὰρ ἐγερθεὶς ἐκ  
 νεκρῶν ἀπαρχὴ τῶν κεκοιμημένων ἐγένετο.  
 Αὐτῶ ἡ δόξα καὶ τὸ κράτος εἰς τοὺς αἰῶνας  
 τῶν αἰώνων. Ἀμήν.

celebrate together. Sober or heedless, honor  
 the day. Those who fasted and those who did  
 not, rejoice today. The table is full, everyone  
 fare sumptuously. The calf is fatted; no one go  
 away hungry. Everyone, savor the banquet of  
 faith; relish the riches of His goodness. No one  
 need lament poverty, for the kingdom is seen  
 as universal. No one need grieve over sins;  
 forgiveness has dawned from the tomb. No one  
 need fear death; the Savior's death has freed  
 us from it. While its captive He stifled it. He  
 despoiled Hades as He descended into it; it was  
 angered when it tasted His flesh. Foreseeing  
 this, Isaiah proclaimed: "Hades," he said,  
 "was angered when he met You below." It  
 was angered because it was abolished. It  
 was angered because it was mocked. It was  
 angered because it was slain. It was angered  
 because it was shackled. It received a body  
 and encountered God. It took earth and came  
 face to face with heaven. It took what it saw  
 and fell by what it could not see. Death, where  
 is your sting? Hades, where is your victory?  
 Christ is risen and you are overthrown. Christ  
 is risen and demons have fallen. Christ is risen  
 and angels rejoice. Christ is risen and life rules.  
 Christ is risen and not one dead remains in the  
 tomb. For Christ, having risen from the dead,  
 has become the firstfruits of those that slept.  
 To Him be the glory and the dominion forever.  
 Amen.

**ΧΟΡΟΣ**

**ᾠχος πλ. δ΄.**

Ἡ τοῦ στόματός σου καθάπερ πυρσὸς  
ἐκλάμπασα χάρις, τὴν οἰκουμένην ἐφώτισεν·  
ἀφιλαργυρίας τῷ κόσμῳ θησαυροὺς  
ἐναπέθετο· τὸ ὕψος ἡμῖν τῆς ταπεινοφροσύνης  
ὑπέδειξεν. Ἀλλὰ σοῖς λόγοις παιδεύων, Πάτερ  
Ἰωάννη Χρυσόστομε, πρέσβευε τῷ Λόγῳ  
Χριστῷ τῷ Θεῷ, σωθῆναι τὰς ψυχὰς ἡμῶν.

**CHOIR**

**Mode pl. 4.**

The grace that from your mouth shone  
forth like a torch illumined the universe. It  
deposited in the world the treasures of the  
absence of avarice. It showed us the height  
that is attained by humility. Now you instruct  
us by your words, Father John Chrysostom.  
Intercede with Christ God, the Word himself,  
entreating Him to save our souls. [SD]